



EXPRESSPQDELIVERY: Toward Efficient and Immediately Deployable Post-Quantum Key Delivery for Web-of-Things

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Abstract

Post-quantum cryptography (PQC) aims to develop quantum-safe algorithms against attacks by a quantum computer. As quantum-safe algorithms require much larger keys in their operation compared to the current RSA/ECC practice, the networking latency significantly increases when executing the protocols with sending such large keys. This problem gets more challenging in the era of Web-of-Things (WoT) with low-memory devices. To tackle the problem, we propose EXPRESSPQDELIVERY, which is, to the best of our knowledge, the first immediately deployable protocol to efficiently transport large keys. It leverages the DNS infrastructure, as DNS is close to clients, guaranteeing express key delivery with a short round-trip time (RTT). We split a large PQ key along with a server's signature and feed them into several DNS records. To show the feasibility of EXPRESSPQDELIVERY, we instantiate it with TLS 1.3 [36] and demonstrate that it reduces 27% of network latency between a server and a client on average compared to the standard TLS 1.3. We deploy EXPRESSPQDELIVERY on a low-capability board with 256 KB RAM, showing a significant high gain (34%).

CCS Concepts

• **Security and privacy** → **Security protocols**; • **Networks** → **Cross-layer protocols**.

Keywords

Large Key Delivery, Post-Quantum Cryptography, DNS

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1 Introduction

Recent advances in quantum computing pose a significant threat to the security of asymmetric cryptographic algorithms, such as RSA [20] and Diffie-Hellman (DH) [30], which are integral to Transport Layer Security (TLS) [36] and Public Key Infrastructure (PKI) [10]. This is because quantum computers can solve underlying hard problems, such as discrete logarithm problems and factoring problems, upon which the security of these algorithms relies, by using Shor's algorithm [44]. In response, the academic and industrial sectors have been actively studying quantum-safe algorithms to mitigate the aforementioned issues. The U.S. National Institute of Standards and Technology (NIST) has led efforts to standardize such algorithms through its PQC project. In 2022, NIST selected the three signature schemes DILITHIUM [15], FALCON [35], and SPHINCS+ [6] as well as the Key Encapsulation Mechanism (KEM) KYBER [8]. Since then, many governments and organizations have also announced their roadmaps for migrating to PQC [21, 53, 60].

Networking delay due to PQC. PQC requires much larger keys in operation compared to the current RSA/ECC practices; thus, migrating to PQC is challenging. As the size of PQ keys typically exceeds the maximum transmission unit (MTU), it requires multiple packets to deliver the PQ keys. There are three factors, leading to significant networking delay due to PQC, that academic and industrial communities have been identified. They are 1) the initial congestion window size [46], 2) the bandwidth [23], and 3) the packet loss rate [23, 33]. Note that these factors are more impactful when considering WoTs with low-capability devices. Due to the resource-constraints in WoT, the TCP receive buffer size is an important factor in addition to the initial congestion window size.

Our solution. We propose EXPRESSPQDELIVERY, a one-size-fits-all solution to the three networking issues above. It is an immediately deployable protocol designed to efficiently deliver large PQ keys in a subsequent protocol-independent fashion. EXPRESSPQDELIVERY uses the DNS infrastructure to deliver keys since DNS resolvers are usually near clients; thus, this protocol guarantees express delivery with a short RTT. To this end, we design an E-Box, which contains a large PQ key signed by a server, and is split into several TXT/TLSA DNS records with their unique names. One who intends to have a PQ key can get the key by sending query messages with the names of the records and assembling the received records.

Instantiation. We implement EXPRESSPQDELIVERY by applying it to TLS 1.3 [36] as TLS is the most widely deployed protocol on the Internet [27]. We show a dramatic decrease, 27% in the execution of TLS 1.3, with and without E-Box. We employ our procedure on Nucleo-F439ZI with 256 KB RAM, showing 34% of a dramatic gain.

Contributions. We make the following contributions:

- We design EXPRESSPQDELIVERY, an immediately deployable protocol that aims to deliver large PQ keys efficiently in a subsequent protocol-independent way (see §4 and §5).
- We implement EXPRESSPQDELIVERY while applying it to TLS 1.3¹ (see §6).
- We conduct a comprehensive experiment considering receive window size, bandwidth, loss rate, and network latency between the server and client, and show a dramatic decrease (27%) in the execution of TLS 1.3 (see §7).

2 Background

2.1 Post-Quantum Cryptography (PQC)

PQC has been developed in response to potential threats from quantum computing against currently used public key cryptographic algorithms, such as RSA and ECC. NIST standardizes four algorithms – KYBER [8], FALCON [35], DILITHIUM [15], and SPHINCS+ [6]. As SPHINCS+ relies on large keys and consumes lots of energy not relevant for low-capability devices [5, 34, 43], we only focus on FALCON and DILITHIUM in this paper. The sizes of a public key, a private key, a ciphertext, and a signature of PQC algorithms are much longer than those of classical public key algorithms (see Table 5). Due to these large sizes, when PQC is integrated into TLS 1.3, it requires 17 to 369 times larger messages than classical public key cryptographic algorithms (see Table 1).

2.2 Web-of-Things (WoT)

WoT [56] is Internet-of-Things (IoT) that connects to the web architecture to facilitate interoperability, fragmentation, and usability. It relies on web protocols such as REST, HTTP, and URIs to communicate with each other. The primary use cases are smart cities and smart grids. These use cases rely on low-capability devices such as sensors. One such device is the M4 board series, which is widely used as cellular modules and smart meters [16, 52]. Those devices, used in previous PQC for IoT work [4, 25, 40, 50, 51], are typically equipped with small RAM ranging from 16 KB to 640 KB, with an average of 196 KB (see Appendix C). Note that the receive buffer size is also small in these devices. For instance, those boards use FreeRTOS, where the receive buffer size is set to 2 KB by default. Furthermore, these devices use diverse connectivity technologies like LoRa or LTE-M, which operate on low bandwidth, with LoRa

supporting bandwidths between 0.3 Kbps and 50 Kbps [59], and LTE-M offering bandwidths of up to 1 Mbps [7].

2.3 Domain Name System (DNS)

The DNS [31] is a large and distributed infrastructure that maintains information about domain names. A server uploads its associated attributes, such as its IP address, using various types of resource records (RRs) to DNS. Examples of RRs are as follows:

- **A:** It contains an IP address.
- **TXT:** It provides arbitrary base64-encoded text.
- **TLSA:** It stores a DER-formatted certificate or public key [19].

With an RR type and the domain name, a client can query specific information about the domain, and DNS responds with the corresponding records. For instance, when a client queries the name to DNS with an RR A, DNS responds with one or more IP addresses for the name. There is a *DNS resolver* (or a resolver), which is an interface between DNS and a client. A client asks a resolver to retrieve records on their behalf within DNS. At least 10M resolvers distributed worldwide are close to clients [1]. For the rapid retrieval service, resolvers typically cache retrieved records for a specified period. The DNS protocol originally relies on UDP for its transport. Considering UDP is unreliable, a DNS response should be delivered in one packet. As the maximum transmission unit (MTU) is usually 1.5 KB, the length of a DNS response is limited to 1.2 KB due to other headers. When a DNS response exceeds 1.2 KB, a resolver falls back to TCP for the underlying transport with a client according to its fallback mechanism. We call this mechanism *TCP fallback* [12, 29].

3 Large PQ Key Delivery Problem

This section reviews the previous benchmarking work that has identified networking issues due to the large PQ key and defines the issues in the context of WoT.

Previous works on networking issues. From a networking perspective, delivering a large PQ key is not trivial because a key cannot be delivered in a single packet, as in RSA or ECC. Considering the MTU size is 1.5 KB, the number of packets required for delivery is at least two packets for all signature algorithms except FALCON512. To analyze the impact of a large PQ key in networking, there have been PQ benchmarking studies in the general network, considering the following three aspects:

- **Initial congestion window size (cwnd):** It defines the number of packets that a sender can transmit at first in TCP. Christian *et al.* [18] show additional round-trips when the key size exceeds the size of the congestion window, resulting in a significant delay. Panos *et al.* [23] show that the networking latency decreases when increasing cwnd.
- **Bandwidth:** It specifies the number of bits that a device can receive per second. Panos *et al.* [23] demonstrate the elapsed time of the TLS handshake highly increases in LTE-M [7].
- **Packet loss rate:** It refers to the percentage of packets that fail to reach the destination due to events such as network congestion. The packet loss results in a significant delay due to retransmissions. Several studies [23, 33] report that the elapsed time is more sensitive to the packet loss rate if the TLS handshake is executed with the larger PQ key.

¹We publicly release the source code at <https://github.com/ExpressPQDelivery>

Table 1: Total size (byte) of messages used in TLS.

Algorithm	Size	Algorithm	Size
ECDH+ECDSA(P-256)	224	DH+RSA (2048)	1,280
KYBER512+DILITHIUM2	7,720	KYBER512+FALCON512	3,797
KYBER768+DILITHIUM3	10,810	KYBER1024+FALCON1024	7,489
KYBER1024+DILITHIUM5	14,918		

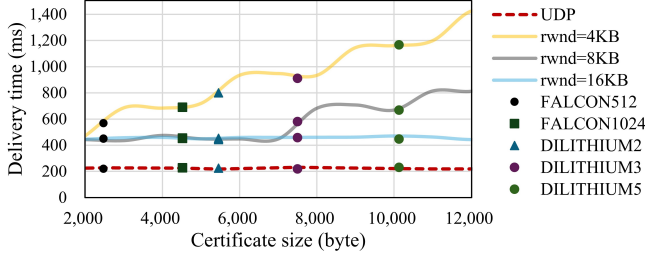


Figure 1: PQC certificate delivery time.

Consideration of WoT. The aforementioned problems become much more challenging in the era of WoT with low-capability devices. First, we find that the network delay time due to the small TCP receive buffer of the low-capability device is greater than the delay time due to the cwnd. Our experiment measuring the key delivery time varying the receive buffer size shows the delivery time increases as a step graph with regard to the number of bytes sent by a server in TCP (see Figure 1). The increment in TCP is mainly due to the TCP window size and the ACK mechanism. We detail the experiment to analyze the networking delay due to transport layer services in Appendix A. Second, there are many low-bandwidth connectivity technologies (e.g., LoRa, LTE-M) used in WoT, which have bandwidths below 1 Mbps (see §2.2) compared with the conventional network. Finally, WoT devices tend to be susceptible to the packet loss rate as mobile and wireless networking is prevalent [11].

4 Overview

This section presents the overview of EXPRESSPQDELIVERY.

4.1 Design Goals and Threat Model

Design goals. To address the large PQ key delivery problem, we consider the following goals:

- **(G1) Efficiency:** The solution should not incur high network-ing latency. It should not introduce additional round-trips for delivering PQ keys.
- **(G2) Universality:** The solution should be independent of specific protocols; thus, it can be applied to diverse protocols.
- **(G3) Immediate deployability:** The solution should be compatible with the current practice without requiring any change in the existing infrastructure.

Threat model. We assume the Dolev-Yao attack model [14] in which an attacker can view, record, insert, block, and modify all messages on public network channels. Therefore, an attacker can perform DNS poisoning attacks to insert arbitrary messages in DNS caches [57]. However, an attacker is computationally bounded; thus, the attacker cannot break cryptographic assumptions. For instance, the attacker cannot decrypt encrypted messages without corresponding keys. Furthermore, we do not consider attacks that disrupt the DNS service, such as denial of service attacks [3]; that is, we assume DNS always properly works.

4.2 Solution Overview

We design EXPRESSPQDELIVERY that leverages the DNS infrastructure, achieving the aforementioned goals (see Figure 2). When using DNS, we encounter two challenges that are detailed below.

Table 2: Average ping time test.

Location	Top 1M Server	DNS	
		Google (8.8.8.8)	Cloudflare (1.1.1.1)
North America	50.26 ms	1.23 ms	0.95 ms
Western Europe	51.61 ms	0.83 ms	0.64 ms
East Asia	103.42 ms	38.14 ms	10.10 ms
Oceania	108.63 ms	1.72 ms	1.68 ms

Leverage of the DNS infrastructure. To achieve design goals, we utilize the properties of the DNS infrastructure:

- **(P1) Distributed worldwide:** As DNS resolvers that cache the DNS records are distributed globally closer to a client than a server, the DNS resolvers can deliver PQ keys efficiently. We measure the round-trip times to the top 1 million sites listed in Cisco Umbrella [54] and the popular public DNS resolvers – Cloudflare DNS and Google DNS – from four continents (i.e., North America, Western Europe, East Asia, and Oceania) and show that the round-trip times to DNS are about 3 to 60 times faster than the average round-trip times to the top 1 million servers (see Table 2).
- **(P2) Independence:** The DNS mechanism is independently used; thus, delivering PQ keys through DNS guarantees universality. In general, a client uses the DNS mechanism to look up IP addresses or other information about the domain before executing the specific protocols to establish connections with a server.
- **(P3) Flexible RRs:** DNS provides the records for keys (TLSA) and texts (TXT); thus, we can use such records to immediately deploy our solution without requiring any modifications to the existing infrastructure. Also, we can negotiate the use of the solution according to the values in such RRs and introduce the fallback mechanism to guarantee compatibility with the current practice.

Challenges. To benefit from DNS in delivering E-Box, we should address the following two challenges:

- **(C1) TCP fallback:** A PQ key generally exceeds the size limit of a single DNS packet, which is 1,232 bytes. Therefore, when we deliver a PQ key via DNS record, the DNS mechanism falls back to TCP instead of UDP as its transport according to its TCP fallback mechanism [12, 29]. The network latency increases significantly in TCP as the PQ key size grows. Furthermore, 11% of DNS resolvers do not support TCP [32]. Therefore, it is necessary to fragment the PQ key within the size limit to avoid using TCP and to support our solution. However, this fragmentation is challenging since only one record of the same type can exist under a single domain name.
- **(C2) Unreliable connection:** The mechanism to guarantee reliable key delivery should be considered if we want to deliver the PQ key over UDP, as UDP is based on the best-effort delivery, not providing reliability. Note that the solution becomes unavailable even if a single UDP packet is lost. Therefore, we should consider ways to ensure the reliability of the key delivery. In other words, it is necessary for clients to deploy a mechanism to re-deliver a fragmented key when it turns out to be lost.

Our solution. EXPRESSPQDELIVERY introduces E-Box to facilitate the delivery of a server's PQ key to clients using existing RRs. E-Box not only contains a server's PQ key but also includes attributes for operational purposes such as the version and protocol identifier.

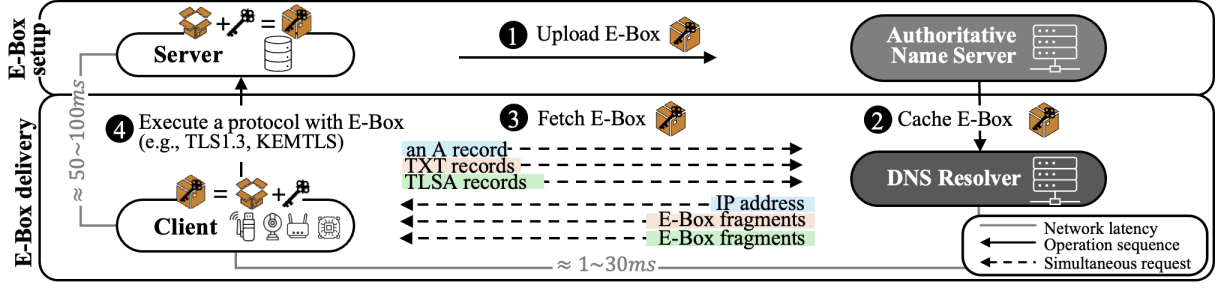


Figure 2: EXPRESSPQDELIVERY procedure.

E-Box can also contain additional public keys required to execute the subsequent protocol. E-Box is split into multiple existing DNS records to guarantee immediate deployability, ensuring that each does not exceed the limit size of a DNS packet. We call each record the *E-Box fragment* that is assigned its own name under the domain. EXPRESSPQDELIVERY transmits E-Box through DNS, addressing two aforementioned challenges. To address (C1), EXPRESSPQDELIVERY provides the (S1) *optimized fragmentation* and the (S2) *query-based delivery*. To address (C2), EXPRESSPQDELIVERY provides the (S3) *re-delivery mechanism*, described as follows:

- **(S1) Optimized fragmentation:** We use TLSA and TXT records to encode E-Box. As TLSA that is for a certificate is more memory-efficient than TXT, we use TLSA for a PQ key and TXT for others.
- **(S2) Query-based delivery:** A client finally fetches E-Box by querying E-Box fragments with their names, assembling them, and verifying the signature.
- **(S3) Re-delivery mechanism:** It enables a client to re-query for the packets that a client does not receive for a timeout.

The procedure of EXPRESSPQDELIVERY, which consists of the E-Box *setup* and *delivery* phases, is depicted in Figure 2.

Phase 1. E-Box setup. A server creates an E-Box and uploads it in advance before communications between a client and a server.

- **Upload E-Box (①):** A server packages its large PQ key(s) required for the subsequent protocol it supports and uploads an E-Box to the DNS infrastructure.

Phase 2. E-Box delivery. Delivering an E-Box to a client follows the procedure below:

- **Cache E-Box (②):** A DNS resolver caches a server's E-Box when it is requested by a client.
- **Fetch E-Box (③):** A client simultaneously queries an IP address and an E-Box with A, TXT, and TLSA records.
- **Execute a protocol (④):** A client executes a subsequent protocol with a server using E-Box. Note that a server does not send its large PQ key during the protocol execution.

5 Detail of EXPRESSPQDELIVERY

This section provides the details of EXPRESSPQDELIVERY. We present attributes of E-Box, followed by mechanisms to deliver an E-Box.

5.1 E-Box

A server generates an E-Box with its cryptographic information. It consists of three main fields as follows (see Figure 3):

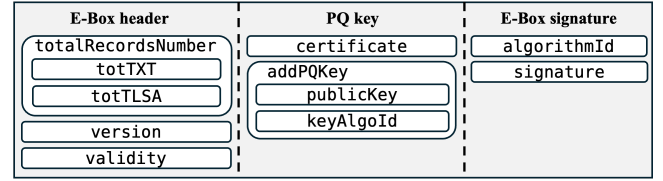


Figure 3: High-level design structure of E-Box.

E-Box header. This field contains information about the E-Box to facilitate the operation of EXPRESSPQDELIVERY as follows:

- **version:** the version of EXPRESSPQDELIVERY.
- **validity:** the validity period of an E-Box.
- **totalRecordsNumber :** the number of TLSA/TXT fragments.

PQ key. This field is the main field of E-Box used to contain one or multiple PQ keys. It has two subfields:

- **certificate:** a certificate of a PQ key used to sign an E-Box.
- **addPQKey (optional):** an additional PQ key with its algorithm.

Note that a PQ key to verify a signature must be encoded in E-Box in the form of a certificate, which specifies the subject name of a key holder. Otherwise, there is no guarantee that a signature is generated by a server.

E-Box signature. This field contains the server's signature over E-Box with the following two fields:

- **algorithmId:** a signature algorithm.
- **signature:** a signature

One can verify the signature using a public key from the certificate in the PQ key field, which validates the integrity and the generator (i.e., a server) of the E-Box.

5.2 Optimized Fragmentation

When dividing E-Box into multiple records, a server strategically utilizes TXT/TLSA records because a TXT record can contain any value in the form of the text, i.e., providing flexibility, and a TLSA record can have a PQ key in a compact way, i.e., optimizing key encoding. Therefore, we use a TLSA record to encode the values of the Certificate and the publicKey, while the values in the other fields are encoded as a TXT record.

5.3 Delivery Mechanism

The E-Box fragments are delivered through the DNS mechanism. Below, we describe 1) how we assign names for E-Box fragments, 2) how we request E-Box fragments, and 3) how we assemble E-Box.

Naming convention for E-Box fragments. We assign a name to each fragment so that a client can get E-Box by requesting the fragments using their names and finally assembling them. Since a single record of the same type can only exist under one name, we establish a naming convention to identify each fragment:

$\text{ebox} = \{\text{fragmentNumber}\}.\{\text{domainName}\}$, where the fragment number begins at 0. For instance, when a server `example.com` has a DILITHIUM3 PQ key, the size of E-Box is 11,755 bytes encoded as 5 TXT records and 6 TLSA records (see Table 3). Therefore, a server should prepare for 6 names ($\text{ebox-0}, \dots, \text{ebox-5}$) to assign a name to each record. Then, a server assigns ebox-0 to the first TXT record and the first TLSA record, ebox-1 to the second TXT record and the second TLSA record, and similarly to other records one by one. Note that there is no TXT record with regard to the name ebox-5 because the E-Box contains only 5 TXT records.

Query-based delivery. With the naming convention to indicate a specific E-Box fragment, a client should be able to fetch an E-Box through the DNS query-response mechanism. However, a client is unable to determine the signature algorithm a server uses to generate the E-Box or the number of fragments it has in advance. Therefore, our delivery mechanism consists of two round-trips to DNS. In detail, a client queries a TXT record of ebox-0 (e.g., $\text{ebox-0.example.com}$) from which a client gets the total number of TLSA/TXT records. Then, the client simultaneously sends totTXT number of TXT queries and totTLSA number of TLSA queries to receive all the E-Box fragments. Recall that the RTT between a client and a DNS resolver is typically much shorter than the RTT between a client and a server; therefore, 2 RTT between a client and a DNS resolver would be marginal even compared to RTT between a client and a server.

E-Box assembly. A client assembles the received fragments based on the E-Box structure. First, a client assembles the E-Box fragments (i.e., TXT, TLSA records) according to the naming convention. Due to optimized fragmentation (see §5.2), the client can obtain the PQ key by assembling the TLSA records. Then, the client inserts the PQ key into the assembled result of the TXT records, placing it after the E-Box header. Finally, the client gets the original E-Box.

Backward compatibility. EXPRESSPQDELIVERY is backwards compatible. That is, a client has no problem with a server that does not support EXPRESSPQDELIVERY. A client receives NXDOMAIN instead of E-Box fragments when a client sends query messages. Then, a client can execute the standard protocol with a server. Therefore, EXPRESSPQDELIVERY does not cause side effects to existing servers; thus, EXPRESSPQDELIVERY is immediately deployable.

5.4 Re-delivery Mechanism

To guarantee reliability in delivering a PQ key, we devise the re-delivery mechanism. We define *re-delivery timeout* as the time interval to send the repeated DNS query message. We set the timeout to be double the RTT for the first received E-Box fragment. When the timeout occurs, it triggers a client to send query messages that correspond to unreceived E-Box fragments (see algorithm 1).

Algorithm 1: Re-delivery mechanism

```

1 Input: domainName, fragmentNumber, totTXT, totTLSA
2 Output: E-Box
3 set timeout =  $2 \times (\text{RTT for the first received fragment})$ 
4 int i = fragmentNumber
5 if i < totTXT then
6   query TXT of  $\text{ebox-i.domainName}$ 
7   waitFor (timeout)
8   if TXT lookup failed then
9     query again for 2 times
10 if i < totTLSA then
11   query TLSA of  $\text{ebox-i.domainName}$ 
12   waitFor (timeout)
13   if TLSA lookup failed then
14     query again for 2 times

```

6 Application

TLS is the *de facto* standard security protocol in current practice [27] and has been widely studied across various environments [34, 46, 47, 50] for PQC. Thus, this section presents how EXPRESSPQDELIVERY can be integrated with the PQC version of the TLS 1.3 protocol (PQC-TLS 1.3) [9, 50, 51].

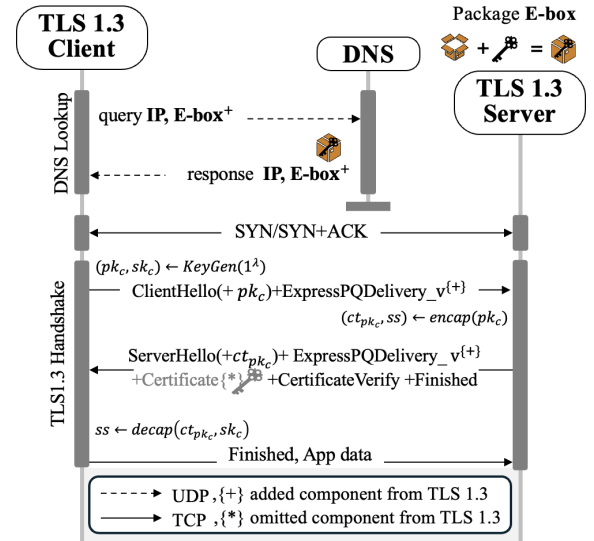


Figure 4: EXPRESSPQDELIVERY-applied PQC-TLS 1.3.

EXPRESSPQDELIVERY-applied PQC-TLS 1.3. EXPRESSPQDELIVERY is integrated with PQC-TLS 1.3 in two parts: the 1) E-Box setup and the 2) E-Box delivery, as depicted in Figure 4.

1) *E-Box setup:* As a PQC-TLS 1.3 server uses its digital signature algorithm (DSA) certificate, the server stores its DSA certificate in the PQ key field of the E-Box.

2) *E-Box delivery:* Two phases are different compared to PQC-TLS 1.3. One is the DNS lookup phase, and the other is ServerHello:

- **DNS lookup:** A client fetches the first E-Box fragment and simultaneously queries TLSA, TXT, and A records after finding the numbers of records from the first fragment. If the client receives NXDOMAIN or fails to verify the signature in E-Box, it falls back to the PQC-TLS 1.3 protocol.
- **ClientHello:** A client generates an ephemeral key encapsulation mechanism (KEM) key pair, i.e., (pk_c, sk_c) and sends the ClientHello message with pk_c and other parameters.
- **ServerHello:** When a server sends ServerHello i.e., ct_{pk_c} , the server sends its heavy PQ certificate along with the ServerHello, CertificateVerify, and Finished. When using EXPRESSPQDELIVERY, the server does not need to send the server's certificate because it has already been delivered to the client via the PQ key field of an E-Box.
- **Finished:** The client verifies the CertificateVerify using the server's public key from the certificate, then decapsulates shared secret ss from the ct_{pk_c} with its private key sk_c . From the ss , the client derives the session key, then verifies the finished message.

Universality. EXPRESSPQDELIVERY is designed to provide universality. It can be applied to all the subsequent protocols that require large PQ keys. We describe how EXPRESSPQDELIVERY can be integrated with DTLS 1.3 [38] and KEMTLS [42] in Appendix E.

7 Evaluation

7.1 E-Box Analysis

We use five signature algorithms in experiments – DILITHIUM (2, 3, and 5) and FALCON (512 and 1024). Each E-Box contains a certificate (cert) in its PQ key field with a signature in the E-Box signature field. In practice, a server sends a certificate chain that includes a leaf cert, 1 or 2 intermediate certs (ICAs) [39], and optionally a root cert [13]. Therefore, we calculate E-Box sizes based on four different cases per algorithm: delivering 1) only a leaf cert (a cert), 2) a chain of a leaf cert with 1 ICA cert (1 ICA), and 3) a chain of a leaf cert with 2 ICA certs (2 ICA). So, there are 15 cases in total.

Comparison in delivery size. We compare the size of E-Box and the total number of queries required to fetch the E-Box when using only TXT records and when using the optimized fragmentation (see Table 3). The size difference between the E-Box and PQ key varies by algorithm and scenario, ranging from 1.4 KB (a FALCON512 cert) to 13.2 KB (2 ICA DILITHIUM5 certs). We calculate the *inflation rate* as:

$$\frac{(\text{Size of EBox} - \text{Size of a PQkey})}{\text{Size of a PQkey}}$$

We find that the inflation rate is 78% on average in 15 cases. These overheads are necessary as due to additional information in E-Box.

Effect of the optimized fragmentation. To measure the effect, we define the *reduction rate* as:

$$\frac{(\# \text{ of TXT-only Records}) - (\# \text{ of Optimized Records})}{\# \text{ of TXT-only Records}}$$

and calculate reduction rates for all the scenarios. The reduction rates range from 8.3% to 29.7% except in one case – a FALCON 1024 cert. The highest reduction rate, 29.7%, is at the scenario of 2 ICA DILITHIUM5 certs. The reason for the case where reduction rate is 0% is attributed to the size of PQ key being close to the multiple

Table 3: Size of E-Box on the signature algorithms.

Algorithm	Scenario	TXT-only	Optimized fragmentation		
		totTXT	Total (optimize rate)	totTXT	totTLSA
DILITHIUM2	a cert	8	7 (12.5% ↓)	3	4
	1 ICA	13	11 (15.4% ↓)		8
	2 ICAs	18	14 (22.2% ↓)		11
DILITHIUM3	a cert	12	11 (8.30% ↓)	5	6
	1 ICA	18	16 (11.1% ↓)		11
	2 ICAs	25	21 (16.0% ↓)		16
DILITHIUM5	a cert	16	13 (18.8% ↓)	6	7
	1 ICA	27	19 (29.6% ↓)		13
	2 ICAs	37	26 (29.7% ↓)		20
FALCON512	a cert	4	3 (25.0% ↓)	1	2
	1 ICA	6	5 (16.7% ↓)		4
	2 ICAs	8	6 (25.0% ↓)		5
FALCON1024	a cert	6	6 (0.00% ↓)	2	4
	1 ICA	10	9 (10.0% ↓)		7
	2 ICAs	14	12 (12.5% ↓)		10

of the maximum size of the DNS records. In this case, the reduction amounts fall within the DNS record's size, preventing a decrease in record numbers. Note that other than these particular scenarios, we find that the optimized fragmentation highly contributes to the size reduction. We note that the effect of optimized fragmentation is more significant as the key size increases. For instance, the decreased number of records is generally 3 or less for E-Box with a cert (i.e., case 1), but in other cases, the difference increases up to 11 queries. This shows that optimized fragmentation can help efficiently deliver higher-security level PQ keys.

7.2 Experimental Setting

To conduct a comprehensive evaluation of EXPRESSPQDELIVERY, we consider three factors: 1) the receive window size (rwnd), 2) the bandwidth, and 3) the packet loss rate. For each factor, we vary the RTTs between a client and a server by an intra-country scenario ($\approx 40ms$), an inter-country scenario ($\approx 77ms$), and an inter-region scenario ($\approx 180ms$). The RTT between a client and a DNS resolver is $< 10ms$. For a server and a resolver, we use an AWS Ubuntu 22.04 instance with Intel Xeon E5 CPU (2.30GHz) and 1 GB RAM. For a client, we consider two types of devices. To evaluate the factor of rwnd, we implement a client on a Nucleo-F439ZI [48] board with ARM Cortex-M4 and 256 KB RAM. We also implement a client on an AWS instance for the factors of the bandwidth and the packet loss rate. We set up an authoritative name server and a DNS resolver using bind9. We implement a prototype of the EXPRESSPQDELIVERY library by extending wolfSSL-4.7.0 [51] for a Nucleo-F439ZI board and OpenSSL-3.3.0 in other environments, leveraging oqs-provider-0.5.4 [41] for all the PQC algorithms.

We measure the time required to execute the PQC-TLS handshake on a client considering the following four periods:

- **Period 1:** the elapsed time required for a DNS lookup time – from querying all the records to completely getting an E-Box.
- **Period 2:** the elapsed time right after the end of Period 1 until the time right after sending ClientHello.
- **Period 3:** the elapsed time right after the end of Period 2 until the time right after receiving a server's CertificateVerify message. In PQC-TLS, a client receives a certificate at this period.

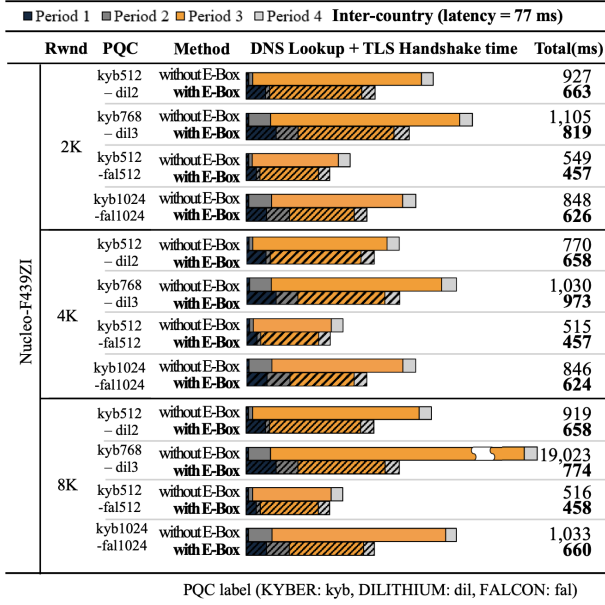


Figure 5: Evaluation results at NUCLEO-F439ZI.

- **Period 4:** the elapsed time right after the end of Period 3 until the time when the PQC-TLS handshake is finished.

E-Box gain. We focus on Periods 1 and 3, where the effect of E-Box is applied, and define the *E-Box gain* as:

$$(1 - \frac{\text{Period1}_{EBox} + \text{Period3}_{EBox}}{\text{Period1} + \text{Period3}}) \times 100\%,$$

where Period 1 and Period 3 are the times without E-Box, while Period1_{EBox} and Period3_{EBox} indicate the times with E-Box.

7.3 Experiment Results

We describe only the results for the inter-country scenario. Other results, showing the similar tendency, are provided in Appendix D.

Effect on rwnd. Our experiment results on the board show that the handshake time with E-Box significantly decreases by 27% on average for all the scenarios compared to the handshake time without E-Box (see Figure 5). EXPRESSPQDELIVERY reduces 25.3%, 19.7%, and 44.5% of the handshake time on the board with 2 KB, 4 KB, and 8 KB of rwnd, respectively. In detail, it takes 13 ms on average for a client to query an A record. An EXPRESSPQDELIVERY client queries a different number of records for each algorithm (kyb512-dil2, kyb768-dil3, kyb512-fal512, kyb1024-fal1024) in Period 1 for 88 ms, 136 ms, 47 ms, and 92 ms, respectively. In Period 3, the EXPRESSPQDELIVERY client is from 25.85% (rwnd=4 KB, kyb512-fal512) to 97.90% (rwnd=8 KB, kyb768-dil3) faster than the PQC-TLS client. Both clients show a similar tendency in Periods 2 and 4.

E-Box gain. We calculate the E-Box gains for algorithms (see Figure 6). When rwnd is increased (2 KB→4 KB), the handshake time is reduced as a server can send more bytes at the same time. However, for all algorithms except kyb512-fal512, the E-Box gains increase as rwnd increases from 4 KB to 8 KB. We find that many packets are dropped because the processing speed is slower than the PQ key transmission speed, resulting in many packet retransmissions. This leads to a significant elapsed time in Period 3. When using E-Box,

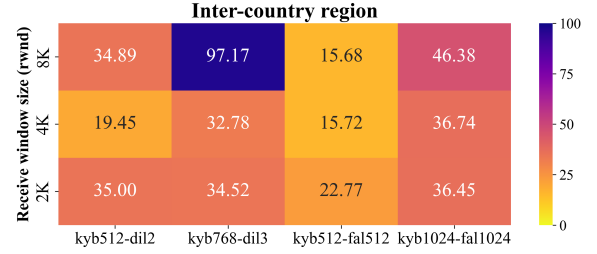


Figure 6: Gains from using E-Box on PQC-TLS.

the PQ key is delivered from the nearby DNS, reducing the number of retransmitted packets in Period3_{EBox} . On the other hand, in kyb512-fal512, the size of the PQ key is only 3.7 KB (see Table 1), which is smaller than 4 KB. Therefore, increasing the rwnd from 4 KB to 8 KB still results in a similar gain as when it was 4 KB. The average gain we calculated for all scenarios is 34%.

Effect on low-bandwidth. We evaluate the effect of EXPRESSPQDELIVERY on the low-bandwidth. We select a bandwidth of 1 Mbps between the client and server, considering LTE-M. We set the rwnd to 4 KB. Our results show that EXPRESSPQDELIVERY effectively reduces the time for all PQC algorithms in establishing handshake connections (see Figure 7). The E-Box gains are 37% (kyb512-dil2), 52% (kyb768-dil3), 47% (kyb1024-dil5), 48% (kyb512-fal512), and 26% (kyb1024-fal1024), with an average of 42%.

Effect on packet loss rate. We set the loss rate to 5%, considering the unstable network conditions, with the rwnd size at 4 KB and the bandwidth of 200 Mbps. Our experimental results show that EXPRESSPQDELIVERY is effective even in unstable network environments (see Figure 8). The E-Box gains are 51% (kyb512-dil2), 57% (kyb768-dil3), 60% (kyb1024-dil5), 36% (kyb512-fal512), and 26% (kyb1024-fal1024), with an average of 46%.

7.4 Overheads on DNS

We measure the overhead on DNS in terms of its disk storage. During the execution of EXPRESSPQDELIVERY, DNS resolvers should send an A, TXT, and TLSA records. To fully benefit from EXPRESSPQDELIVERY, those records should be cached in DNS resolvers, which require additional storage. We estimate the storage required to guarantee 90% of a cache hit. When a DNS resolver caches the E-Box of a single domain, the required extra storage is between 2.2 KB and 11.7 KB (see Table 4). Considering the average length of a certificate chain is 2.5 [39], 4.5 KB and 22.5 KB are additionally needed per domain. As it is commonly accepted that the popularity

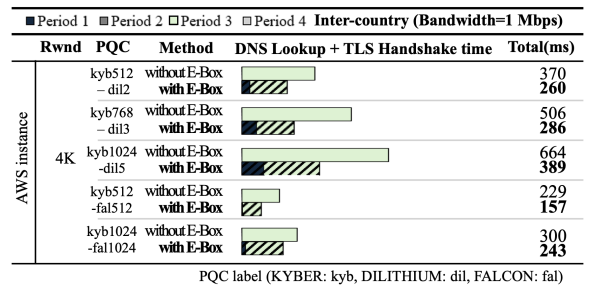


Figure 7: Evaluation results for 1 Mbps bandwidth.

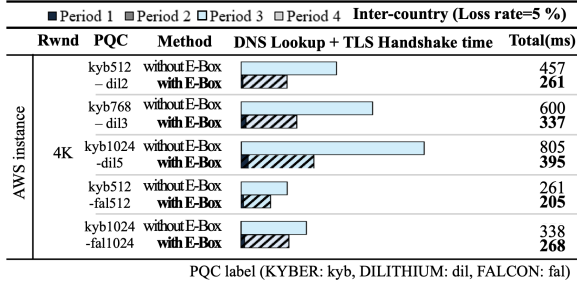


Figure 8: Evaluation results for 5% loss rate.

Table 4: E-Box size according to the number of domains.

# of domains		1	10K	100K
E-Box size	a cert	2.2 KB – 11.7 KB	21.4 MB – 114.2 MB	0.21 GB – 1.12GB (avg: 0.63 GB)
	cert chain	4.5 KB – 22.5KB	43.9 MB – 219.7 MB	0.43 GB – 2.15GB (avg: 1.22 GB)

of websites follows the power-law distribution [22, 58], 90/10 law can be applied; thus, 90% of cache hits on the Top-1M websites are guaranteed by 100K domains, which requires around 1.22 GB. As the price of the disk storage and memory keeps falling, now solid-state drives are below \$0.04 per GB, hard disk drives are below \$0.02 per GB, and DRAM memory is below \$1.30 per GB; it would not be a significant burden to cover the increment of the cache size.

7.5 Security Analysis

DNS record manipulation attack. An attacker can modify the total number of TLSA and TXT records included in the E-Box fragment. For instance, in the case of a server using a FALCON512 certificate, the total numbers of TXT and TLSA records are 1 and 2, respectively. By manipulating these numbers, an attacker can force the client to send additional queries to the DNS, which may disrupt the DNS service. Although the impact is limited to a denial-of-service, which is an out-of-scope attack, we can mitigate it by setting an upper bound of the number. For instance, We can limit the total number of records to 20, the maximum number of records per RR in Table 3.

DNS poisoning attack. An attacker may tamper with and forge the E-Box fragments that DNS has cached, causing a client to receive an incorrect E-Box. However, the E-Box contains the server's certificate and signature over the E-Box. The certificate guarantees that the server is the domain owner, and the signature ensures the integrity of the E-Box. If the client detects tampering with the E-Box by verifying the signature using the public key from the certificate, it falls back to the original protocol.

E-Box confidentiality. The data transmitted through the E-Box consists only of the server's public information (i.e., certificate and public key), which does not require confidentiality. Previous studies, such as ZTLS [28] and DANE [19], have already explored delivering a certificate and a public key by leveraging DNS. Note that DANE is particularly common in email systems [26].

8 Related Work

Solution to the large PQ key delivery problem. There have been two types of approaches to solve the PQ key delivery problem.

- **Approach 1) reducing the number of certificates in a chain:** Sikeridis *et al.* [45] propose an *intermediate certificate suppression* method where a client indicates a list of ICA certificates that a client already has, and a server removes ICA certificates specified from a chain and sends the remaining certificates. Kampanakis *et al.* [24] provide efficient caching mechanisms to make the ICA suppression methods feasible and boost their performance.
- **Approach 2) using a shorter algorithm:** Schwabe *et al.* [42] propose KEMTLS that substitutes KEMs for handshake signatures. The rationale behind this replacement is that the size of KEM is much shorter than that of digital signatures; thus, it contributes to addressing the problem by reducing the key size by an algorithm.
- **Our approach:** EXPRESSPQDELIVERY is the third approach to address the problem by reducing the physical distance for the key delivery by using DNS, also considering resource-constrained WoTs. The approaches are not mutually excluded; rather, they are independent and complementary.

Enhancing features using DNS. There have been techniques [19, 28, 37] that leverage DNS to introduce new features. TLS ENCRYPTED CLIENT HELLO (ECH) [37] aims to protect the privacy of a client by encrypting the client's first TLS message containing a destination name. DANE [19] is designed to handle a public key from a domain owner through DNS. ZTLS [28] aims to reduce one round-trip of the TLS handshake by uploading a server's first handshake message on DNS. Note that no approach is presented to address the large PQ key delivery problem using DNS. EXPRESSPQDELIVERY contributes to extending the areas of this branch of work to PQC.

Splitting large material. TURBOTLS [2] initiates TLS during the TCP handshake by exchanging the Hello messages split into several UDP packets. Goertzen *et al.* [17] propose a new RR, called RRFRAG, which contains split PQC signatures used in DNSSEC. This work, however, only focuses on addressing the problem in the context of DNSSEC by introducing a completely new RR without considering deployability. Twardokus *et al.* [55] sends the large certificates on multiple DSRC packets in V2V communications.

9 Conclusion

We propose EXPRESSPQDELIVERY, an immediately deployable, efficient, and universal protocol to deliver large PQ keys, leveraging DNS. We design E-Box that contains large PQ keys in multiple TXT/TLSA records. We show that the protocol reduces the latency by an average of 27% on EXPRESSPQDELIVERY-applied PQC-TLS 1.3. In the future, we plan to optimize the key delivery from the client side, considering the scenario of mutual authentication.

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A Network Delay due to Transport Protocols

The problem is that transport layer services would affect the delivery time required to send multiple packets. In detail, the time depends on many aspects, including a congestion window size (cwnd) related to the congestion control mechanism (e.g., the slow start) or a receive window size (rwnd) with regard to the flow control mechanism. Therefore, we evaluate how transport protocols (i.e., TCP and UDP) affect the delivery time of PQC certificates.

Experiments on the delivery time. We conduct two experiments to see how TCP and UDP affect the delivery time of PQC certificates. First, we measure delivery time over TCP and UDP, respectively, to see the effect of reliable data transfer services. Second, we evaluate delivery time over TCP varying the size of rwnd considering low-memory devices. We set up a networking testbed with simple client/server applications to perform the experiments. The RTT between a server and a client is 200 ms, and both sides are connected to the Internet through Ethernet, of which MTU is 1.5 KB. Note that both a server and a client adopt TCP CUBIC that relies on the slow start algorithm for their congestion control mechanism. In our experimental setting, we generate self-signed PQ certificates based on DILITHIUM and FALCON by OpenSSL-3.3.0, liboqs-0.10.0, and oqs-provider-0.5.4. The server responds with the PQ certificate according to the request sent by the client. All the results averaged over 30 trials are demonstrated in Figure 1.

TCP vs. UDP. Our first experiment demonstrates that the delivery time increases as a step graph with regard to the number of bytes sent by a server in TCP, while the time is stable in UDP (see Figure 1). The increment in TCP is mainly due to the TCP window size and the ACK mechanism. In detail, since the server can only transmit data as much as the TCP window size, the server cannot send the certificate in one transmission when the certificate size exceeds the TCP window size. The server must wait for the client's ACK message before sending the remaining part of the certificate.

Therefore, the difference between steps in the step graph is around the round-trip time (200 ms in our setting). On the other hand, since UDP does not support such a mechanism, a UDP server sends all the fragments of the certificate in parallel; therefore, the delivery time is similar regardless of the certificate size.

Diverse receive window size over TCP. When we conduct an experiment varying the size of rwnd in TCP, we find that the networking overhead would be significant if a client could provide a small rwnd (e.g., 4 KB). For instance, upon comparing the delivery times for FALCON1024 and DILITHIUM5 certificates, we observe that the delivery time difference was 734.98 ms and 217.49 ms when the rwnd size was 4 KB and 8 KB, respectively. It is mainly because the smaller rwnd incurs more round trips to deliver the same certificate. Therefore, resource-constrained IoT devices that use smaller rwnd or congested devices that use minimal rwnd would show high delivery times. On the other hand, we also observe that even if the size of rwnd is larger than the certificate size, the delivery time increases because the length of the certificates mostly exceeds the initial size of cwnd.

B PQC Key Sizes

Table 5 shows the key sizes of the classic algorithms and PQC algorithms. The public key size of KYBER is 25 to 49 times larger than that of ECDH, and that of DILITHIUM5 is 81 times larger than that of ECDSA. The signature sizes of PQC algorithms are from 10.4 times to 779 times larger than that of ECDSA.

C IoT Boards

Embedded boards with low-capable processors have small RAM by default. Among them, the ARM Cortex M4-based boards currently being marketed by STM [49] in 2024 have a minimum RAM size of 16 KB, a maximum of 640 KB, and an average of 196 KB. Studies for implementing PQC in embedded systems have been widely using the ARM Cortex M4 processor as a core MCU. The table Table 6 shows the hardware specifications of the boards used in existing studies [4, 25, 40, 50, 51].

Table 5: Sizes of keys, ciphertexts, and signatures.

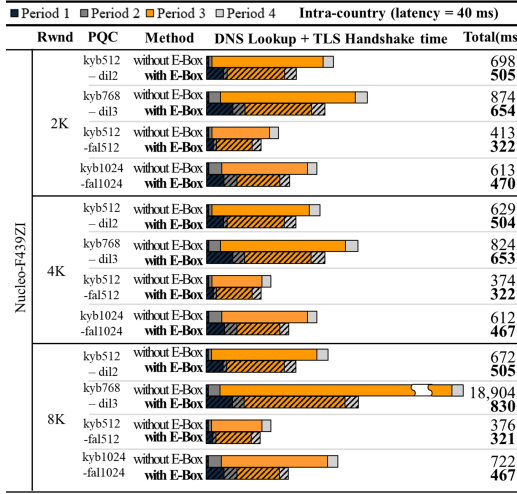
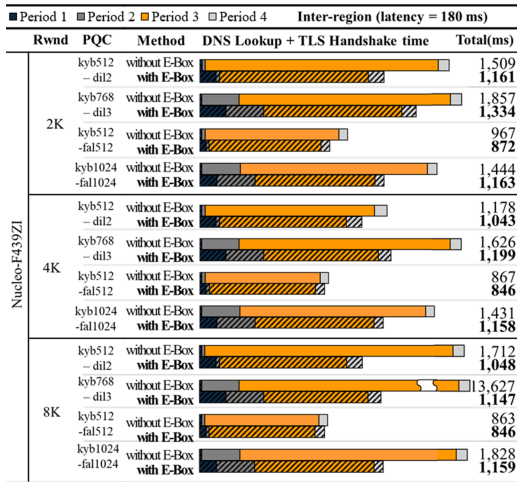
KEM	NIST Level	Size (byte)		
		public key	private key	ciphertext
ECDH-P256	0	32	32	32
DH-2048	0	256	256	256
KYBER512	1	800	1,632	768
KYBER768	3	1,184	2,400	1,088
KYBER1024	5	1,568	3,168	1,568
DSA	NIST Level	Size (byte)		
		public key	private key	signature
ECDSA-P256	0	32	32	64
RSA-2048	0	259	256	256
DILITHIUM2	2	1,312	2,528	2,420
DILITHIUM3	3	1,952	4,000	3,293
DILITHIUM5	5	2,592	4,864	4,595
FALCON512	1	897	1,281	666
FALCON1024	5	1,793	2,305	1,280

Table 6: Specifications of M4 boards used in previous work.

Board	Processor	RAM	Flash memory	Ethernet
Nucleo-F439ZI [50, 51]	M4	256KB	2MB	O
STM32F4-discovery [25]	M4	192KB	1MB	X
Nucleo-L4R5ZI [25]	M4	640KB	2MB	O
Nucleo-L476RG [25]	M4	128KB	1MB	X
Nucleo-F411RE [4, 40]	M4	128KB	512KB	O

D Evaluation Results for All Scenarios

Our experiment results at NUCLEO-F439ZI board for all scenarios (i.e., intra-country, and inter-region) show that EXPRESSPQDELIVERY reduces the PQC-TLS handshake times regardless of the network latency between the server and client (see Figure 9). The E-Box gain we calculated for all scenarios ranges from 4.6% to 97%, with an average of 34% (see Figure 10).

**(a) Evaluation results for intra-country scenario.****(b) Evaluation results for inter-region scenario.****Figure 9: Evaluation results for different latency.**

E Universality

This section provides the detailed designs of EXPRESSPQDELIVERY applications to DTLS 1.3 [38] and KEMTLS [42].

E.1 Applying to PQC-DTLS 1.3

DTLS (Datagram Transport Layer Security) is a protocol that operates over UDP based on TLS 1.3. We describe how EXPRESSPQDELIVERY can be integrated with PQC-DTLS.

EXPRESSPQDELIVERY-applied PQC-DTLS 1.3. Similar to PQC-TLS 1.3 EXPRESSPQDELIVERY is integrated with DTLS1.3 in to two parts: the 1) E-Box setup and the E-Box delivery (see Figure 11a).

1) *E-Box setup*: A server stores its certificate in the E-Box.

2) *E-Box delivery*: Two phases are different compared to PQC-DTLS 1.3. One is the DNS lookup phase, and the other is ServerHello:

- **DNS lookup**: A client fetches the first E-Box fragment and simultaneously queries TLSA, TXT, and A records after finding the numbers of records from the first fragment. If the client receives NXDOMAIN or fails to verify the signature in E-Box, it falls back to the original protocol.
- **ClientHello**: A client generates an ephemeral key encapsulation mechanism (KEM) key pair, i.e., (pk_c, sk_c) and sends the ClientHello message with pk_c and other parameters. In DTLS, because it is UDP-based, messages can be lost, so the client sets a timer and retransmits the ClientHello message if there is no response (i.e., HelloVerifyRequest) from the server.
- **ServerHello**: When a server sends ServerHello, the server sends its heavy PQ certificate along with the ServerHello, CertificateVerify, and Finished. When using EXPRESSPQDELIVERY, the server does not need to send the server's certificate because it has already been delivered to the client via the E-Box.
- **Finished**: The client verifies the CertificateVerify and the Finished messages.

E.2 Applying to KEMTLS

KEMTLS is a TLS protocol proposed by Schwabe *et al.* [42] that uses only KEM instead of signatures for server authentication. We describe how EXPRESSPQDELIVERY can be integrated with KEMTLS. EXPRESSPQDELIVERY is integrated with KEMTLS in to two parts: the 1) E-Box setup and the E-Box delivery (see Figure 11b).

1) *E-Box setup*: A KEMTLS server stores its DSA certificate, KEM publicKey, and KEM Certificate in the E-Box.

2) *E-Box delivery*: Two phases are different compared to KEMTLS. One is the DNS lookup phase, and the other is ServerHello:

- **DNS lookup**: A client fetches the E-Box. If the client receives NXDOMAIN or fails to verify the signature in E-Box using the DSA certificate, it falls back to the original protocol.
- **ClientHello**: A client first sends ClientHello with its ephemeral KEM public keys pk_c and the EXPRESSPQDELIVERY version extension type after a TCP connection.
- **ServerHello**: A server computes the shared secret ss_c and the encapsulation ct_{pk_c} against the pk_c . At this time, the ephemeral session keys K and K' are derived from ss_c . When a server sends ServerHello, the server sends its heavy PQ KEM Certificate along with the ServerHello. When using EXPRESSPQDELIVERY, the server does not need to send its certificate.

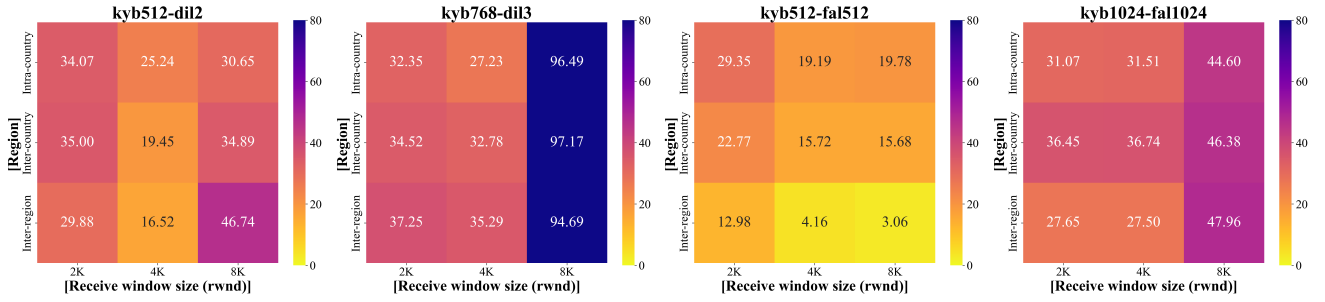
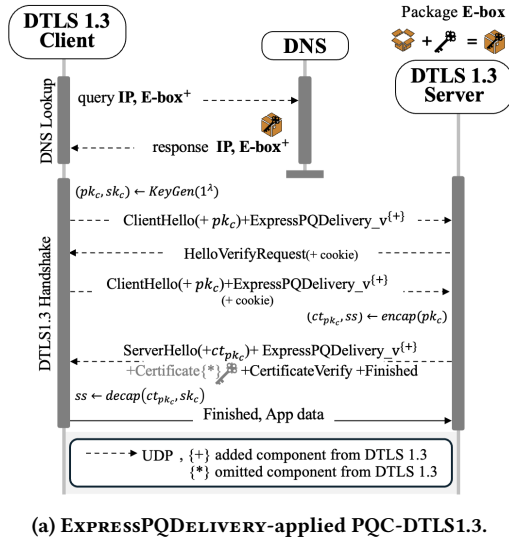
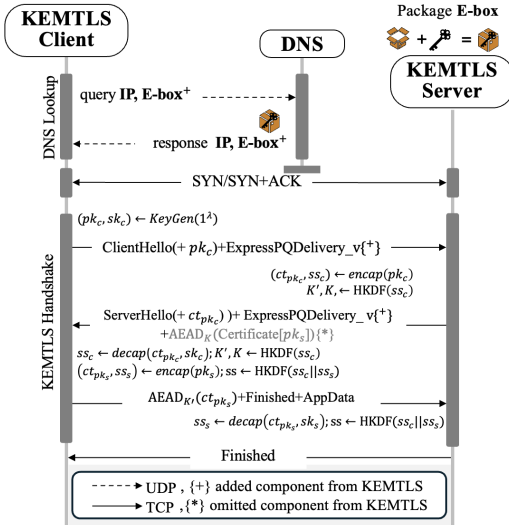


Figure 10: Gains from applying EXPRESSPQDELIVERY on PQC-TLS 1.3.



(a) EXPRESSPQDELIVERY-applied PQC-DTLS1.3.



(b) EXPRESSPQDELIVERY-applied KEMTLS.

Figure 11: Universality of EXPRESSPQDELIVERY.

- Finished: The client decapsulates the ct_{pk_c} to obtain ss_c and derives session keys K and K' . Finally, the client sends the $AEAD_{K'}(ct_{pk_s})$ which is ct_{pk_s} encrypted with the K' , along with the Finished message.

Note that, to implement EXPRESSPQDELIVERY, the E-Box must provide authentication that it was created by the domain owner. However, since a KEMTLS server uses a KEM certificate as its PQ key, it cannot provide authentication. As previously described, TLS 1.3 provides server authentication through a CertificateVerify (a signature over the handshake) and a Certificate that contains the DSA public key and signature. In contrast, KEMTLS provides server authentication by performing KEM twice without a signature and using a KEM certificate instead of a DSA certificate. Thus, for applying EXPRESSPQDELIVERY, a server signature is needed for E-Box authentication.